

Candida Treatment Protocol

Candida is a yeast/mold overgrowth that migrates from its normal growth and function location in the Large Intestine. Candida occurs for a number of reasons including; acidic Ph imbalance, sugar imbalance, contraceptive use, hormone imbalance, chronic immune system weakness, environmental toxicity, and heavy metal toxicity. Through a number of reasons including emotional and homeostatic dysfunction, the Candida and other Probiotic bacteria migrate from the Large Intestine into the Small Intestine. This migration becomes a systemic condition called **CANDIDIASIS**. This new fungal form develops rhizoids (long, burrowing legs) that hook into and can penetrate the mucus membranes in the gut and can cause serious bowel pain and distress. As time goes on, the morphed fungi may burrow right through the intestinal wall. This condition, called Leaky Gut Syndrome, allows partially digested proteins and the yeast itself to travel into the bloodstream where they become toxins. Also, the Candida strains can leak through your Ileo-Cecal valve and become systemic through the Small Intestine. Here are a few of the many symptoms of systemic Candidiasis;

SYMPTOMS OF CANDIDA

**Intolerance of perfumes, odors, fumes,
fabric shop odors and tobacco smoke**
**Complaints that worsen in damp,
muggy or moldy places**
**Athletes' foot, jock itch, fungal infections
on the skin or nails**
Craving for sugar, bread or alcohol
Prostitis or vaginitis
Diarrhea
Constipation
Drowsiness
Gas or flatulence
Rectal itching or rash
Colic
Diaper rash
Sinus infections
Kidney, bladder infections
**Cystitis (inflammation of the bladder
with possible infection)**
Joint pain or swelling
Hypoglycemia
Feelings of swelling and tingling in the head.
Acne
Hives
Rashes
Itching skin
Eczema
Psoriasis
Bad breath
Dry mouth
Sore or dry mouth
Sore or dry throat
Cough
Pain or tightness in the chest
Wheezing or shortness of breath
Asthmatic symptoms
Shortness of Breath
Food allergies or food reactions
Hair loss
Thrush

Impotence
Constant Fatigue
Feeling drained
Memory loss
Feeling spaced out
Numbness, burning or tingling
Muscle aches
Muscle pains
Flu-like symptoms
Endometriosis (irregular / painful menstruation)
Cramps or menstrual irregularities
Vaginal itch, burning or persistent infections
P.M.S. (Pre-Menstrual Syndrome)
Spots in front of eyes
Erratic vision
Irritability or jitteriness
Mood swings
Depression
Suicidal feelings
Headaches
Heartburn
Indigestion
Belching
Intestinal gas
Loss of sex drive
Mucus in the stools
Sores or blisters in the mouth
Hemorrhoids
Nasal congestion
Nasal discharge
Nasal itching
Post nasal drip
Burning or itching eyes
Burning on urination
Ear pain
Ear aches
Ear discharges
Painful intercourse
Hay fever
General allergies

At Our clinic, we will use 3 methods of intervention to control and neutralize the systemic infection;

Step 1 (performed during the first office visit)

1) We will explore the various *emotional causes* of the pathology. Certain feelings of rage, hate, simmering anger, and other “Liver-based” feelings can cause the disease to be chronic.

2) We then treat the Candida/ Mold through Applied Kinesiology, Total Body Modification, Theta Healing, and Neurolink. These modalities have proven marvelously effective at informing the immune system of the homeostatic imbalance in these vital organs of the body.

Dr. Robirds is certified in all of the above modalities and even teaches them to other Doctors and the general public.

Step 2 (Nutritional Intervention)

You will then be muscle tested for the proper nutrition for your individual case to speed and assist your body in its recovery. Most often, you will be prescribed ADP. This nutritional supplement is derived from Oregano. Oregano is the most efficient means of neutralizing the systemic Candidiasis in the blood! It SHOULD be taken with food as can be *very hot* to the digestive system. Generally, you will take the supplement for a month. A timetable has been provided at the end of this paper to assist you. I recommend taking the product on an ongoing basis for maintenance for a few months after your first month of care. This will be wonderfully beneficial to your digestive system and eliminate the majority of the Candida symptoms.

During the first few days, you may feel slightly ill and experience upset stomach, malaise, or flu-like symptoms as the Candida die-off. This is often called a “healing crisis.” Medically, it is known as a Herxheimer Reaction. This condition, although unwelcomed, is somewhat normal as the body is undergoing systemic detoxification. It is especially common for chronic Candidiasis conditions. A product called Molybdenum (MO-ZYME) can eradicate these potential symptoms. As the Candida die-off, they release “death gases” such as Acetaldehyde. These toxic gases can cause symptoms of upset stomach, gas, and bloating. You can also take Activated Charcoal, Emetrol (Drug store), or Pepto-Bismol, to help fight the feelings of sickness or even flu symptoms. Although unpleasant, it is somewhat normal as the body regains its homeostasis. As the process unfolds, you will begin feel more energy and zest for life! This is seen, on average, in about 2 of every ten patients. I suggest you stop taking ADP for a few days if this occurs. Then, begin the program where you stopped when you feel better. Candida is a DISEASE of your healthy ecosystem - it is serious!

IMPORTANT - If you **do** take Activated Charcoal, you will need to take some minerals as well! Activated Charcoal drains your system of both poisons and toxins. The problem is it also drains your body of vital minerals and nutrients. So, it is vital that you supplement as you detoxify your system. We recommend a Fulvic Mineral solution sold here at our clinic. It is clean-tasting and replenishes your body’s vital nutrition.

Dr Robirds will tell you the number of ADP to intake daily. Generally speaking;

Men - Take 2 tablets daily with food (1 tablet in the morning and 1 at night)

Women - Take 1 tablet daily with food (1/2 a tablet in the morning and 1/2 at night)

Child - Take ½ a tablet a day with food

(You can find tablet splitters at a drug store if needed)

Step 3 (Cleansing and re-population)

Once the die-off procedure is finished (about a week) you should consider cleansing the bowel to clear the way for re-population of beneficial digestive bacteria.

Delicious Candidia-Fighting Salad

The Tripple O - Oregano, Oranges, & Olive Oil

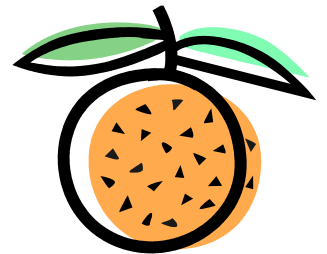


This is a delicious and nutritious salad that is easy to make and tastes great! I received it from an Italian woman who said that she had not ever had Candida or the symptoms of Candida. Enjoy this natural food. It's really great for you! - Dr. Robirds



This salad is made to taste. That means that you can add or remove ingredients to your own taste. In my home, I use the following basic guidelines. Be creative – try some variations as well!

1) Cut 4-6 **Oranges** (navel oranges are really great) into small easy to digest pieces and place them in a bowl.



2) Buy an **Oregano** bunch from a health food store (ie – Whole Foods). It should be Certified as Organic for your health benefit. Be sure to wash the **Oregano** thoroughly and use a little bit of washing detergent to assure that the food is clean and healthy for you. This is available at the health food market as well. Cut the leaves of the **Oregano** into the bowl of **Oranges**.



3) Get a bottle of **Extra Virgin Olive Oil**. Put at least ½ cup of the oil into the bowl of food. Then thoroughly mix the ingredients and place them in a refrigerator for at least a half an hour. Eat the mixture as often as you like. I suggest about a cup a day. Be sure to use a bowl that can be covered and locked such as a Tupperware bowl

